

Terms and Conditions.

We 'Mind Body Group' & 'Chris Crudelli's Black Belt Martial Arts' and our employees. Our Agreement with you details what you are entitled to expect from us when you buy our holidays, Boot Camps or Adventure's. "You" and "your" shall refer to all individuals traveling on your booking.

Special Requests. If you have any special requests we ask that you inform us of these before your trip with us. Please do inform us of any medical condition, mobility need, or any other such requirement. Wherever possible we will endeavor to meet your needs to ensure you enjoy your trip.

Responsibility. We ask that guests take full physical and emotional responsibility for their own well-being while on the holiday.

Damage and Behavior. We ask that our guests behave in a responsible manner whilst on our holidays and do not take part in any activity that may offend or upset other people or affect their enjoyment of their holiday. We will be entitled to recover from you the cost of any damage or loss caused by you either during your holiday or after.

Health & Fitness. You are required to notify us in advance of any medical conditions, including pregnancy, that may affect your holiday. You are responsible for ensuring the accuracy of the information supplied pertaining to yourself and anyone else traveling on your booking. By participating in any advertised activities, we assume that you have consulted with a medical practitioner regarding your ability to participate. Please do also inform us if there is any subsequent change or development of any medical condition which may affect your holiday.

Travel insurance. We strongly advise that you purchase suitable insurance to cover any possible problems which may occur. We will not be liable for any loss or damage to personal possessions; industrial disputes; health risks; technical problems with transport including rescheduling or cancellation or other forms of travel delays, or any other similar events or unplanned occurrence which may affect your trip. If you do not take out insurance, we will not be responsible for meeting any sums which would have been covered by it. It is your responsibility to ensure that the insurance cover you purchase is suitable for your particular needs. Please also note that most insurance policies do not cover what they deem to be hazardous activities such as martial arts, skiing, white water rafting etc. If you intend to take part in any such activities, you may need to obtain

appropriate specialist insurance cover.

Description of the holiday. Whilst we make every effort to ensure the accuracy of descriptions, these are inevitably subjective and are for guidance only. Sometimes the odd thing does go wrong: a bathroom might flood; the electricity might fail; the weather might be too bad to climb the mountain. We promise to make sure that the holiday arrangements we have agreed to make or provide will be as true to what is outlined in our literature as we can. But if anything goes wrong we'll do our best to make sure you still have a fabulous weekend.

Liability. We will not be responsible for any loss or damage to personal belongings, injury or medical condition that may develop before, during or after any Chris Crudelli Boot Camp, Adventure or Holiday. This does not affect your statutory rights.

Data Protection. The information you give us pertaining to yourself and other members of your group will not be given or sold to any third party.

Canceled holidays. We don't cancel trips, but we do reserve the right to do so in any circumstances. If we cancel your trip we will offer you a full refund or a replacement holiday with us of equal or similar price (if we have one available). We will refund any difference if the replacement holiday is of a lower price. This applies only to services offered and sold by us, not to travel arrangements booked by yourself in order to attend one of our holidays.

Payments to Chris Crudelli's Black Belt Martial Arts: The deposit, if applicable, is non-refundable. If you cancel your booking within the last eight weeks before departure, We shall retain 50% of the remainder payment. Within the last four weeks we shall retain the full amount.